

Anquet Maps 2004 www.Anquet.co.uk (BL-TR) (SD2587-SD3195)  
Start Point: SD 287 904 End Point: SD 287 904 Max Height: 823 Feet Min Height: 154 Feet Height Ascended: 1,529 Feet Hidden Length: 6.85 Miles  
Flat Length: 6.81 Miles Estimated Time: 3 hrs, 20 mins (travelling at 2.50 Miles/hour and 2,500 Feet ascent/hour)

