



**LINTHWAITE  
HOUSE  
HOTEL.**

*R. Pocock*

Description: **Undermillbeck Common.** This walk heads out in the direction of Crook and gives you the opportunity to appreciate the subtle seasonal changes, as you meander through this quiet and unspoilt countryside of ours.

Distance: 6 miles (9.5 Kms) : Allow 3½ hours. Be aware that some parts of this route can be very muddy underfoot and stout boots with a good grip on the soles are essential.

- 1–2 With the Hotel reception on your left, pass by the car park entrance on your right, to reach a T-junction with the main driveway. ——— At this point, take note of the footpath (behind the fence) on the opposite side of this driveway. — — — — **Turn left** and descend the driveway for a **maximum of 45 yds**, then, by the entrance to a house on your right, perform a **right-hand U-turn**, to link up with this partially canopied footpath. — With the driveway now on your right, proceed for 150 yds and pass through a swing-gate, to enter a field. — **Bear right** and follow the line of overhead electricity wires for 125 yds, to reach the crest of the slope close by to a tree-topped rocky outcrop on your left. At this point, observe 2 large gates 75 yds ahead and 30 yds apart. Walk towards the **right-hand gate**, to enter the adjoining field.
- 2–3 Proceed **straight ahead** for 150 yds, to aim for a gate on the far side of this field. Pass by the cottages on your left and immediately cross over a private driveway. ——— Descend a grassy footpath for 60 yds and cross over a stone stile, to link up with a farm track. ——— **Turn left**, then **bear right** (after 35 yds), **to link up with a lane**. ——— **Turn right** and follow this lane for just over ½ mile, to reach a minor X-junction.
- 3–4 **Turn left** signposted (Green lane) and after a ¼ mile, this lane will alter into a stony track. Proceed straight ahead and after a further ¾ mile, the track will eventually terminate at a lane.
- 4–5 **Turn left** and after ½ mile, reach a Y-junction. **Bear right** and ascend to the Bowness/Kendal road 125 yds distant.
- 5–6 **Turn right** for a **maximum of 40 yds**, then cross over the road and **turn left** onto a (Public Footpath). From here,  
(a) Ascend for 300 yds, to arrive at stone stile and gate on the edge of open pastureland.  
(b) Go straight ahead, to aim for a gate in a stone wall seen 200 yds away.  
(c) In the next area of pastureland, **continue straight ahead for 175 yds** (parallel to the beck down on your left), to go through a 3rd gate.  
(d) Now follow the well-defined path for ¼ mile, then cross over the beck on your left, via some stepping stones, and immediately pass through a 4th gate.  
(e) At this point, you must aim for the **large barn** seen ¼ mile up ahead. **In order to reach it**, circumnavigate the low marshy area on your right, keeping to the foot of the crags on your left, then link up with a definite track to finally arrive at a wooden gate just below this building.
- 6–7 With the barn and farm on your left, **ascend alongside the right-hand wall for 75 yds**, signposted (Dales Way), then **bear right** and the grassy path leads to a large gate in a corner wall. In this last field, continue straight ahead and the path leads to a swing-gate with a lane and a cottage on the opposite side. ——— **Turn left** and this gated lane will terminate after ¾ mile at the Kendal/Bowness road.
- 7–8 **Turn right** and walk along the road for 150 yds, to reach a lane on your right. — — — — Just on the other side of this lane, cross over a stone stile in the wall, to link up with a footpath. Proceed parallel to the road on your left for another 150 yds, then rejoin the main road. ——— — **Turn right** then **immediately turn right again**, to link up with a hard-surfaced driveway. — ——— Within 15 yds, the driveway forks. ——— **Bear left** and 175 yds further on, (just prior to the cottage of Low Cleabarrow), **turn left** to enter a field.
- 8–1 **Turn right** and descend alongside the right-hand wall, to pass through a swing-gate. Within 25 yds, pass through 2 more swing-gates to enter the adjoining field. — **Bear right** and follow the waymarkers, to aim for a gate in the far boundary wall. — — In the next field, continue to follow the waymarkers, to arrive at a gate with a lane on the opposite side. — **Turn left** and walk along the lane for ¼ mile, reach a Y-junction. — **Bear right**, signposted (Bowness), to rejoin the Kendal/Bowness road. **Turn right** and walk along the right-hand side of the road, to return to the Linthwaite House Hotel.

